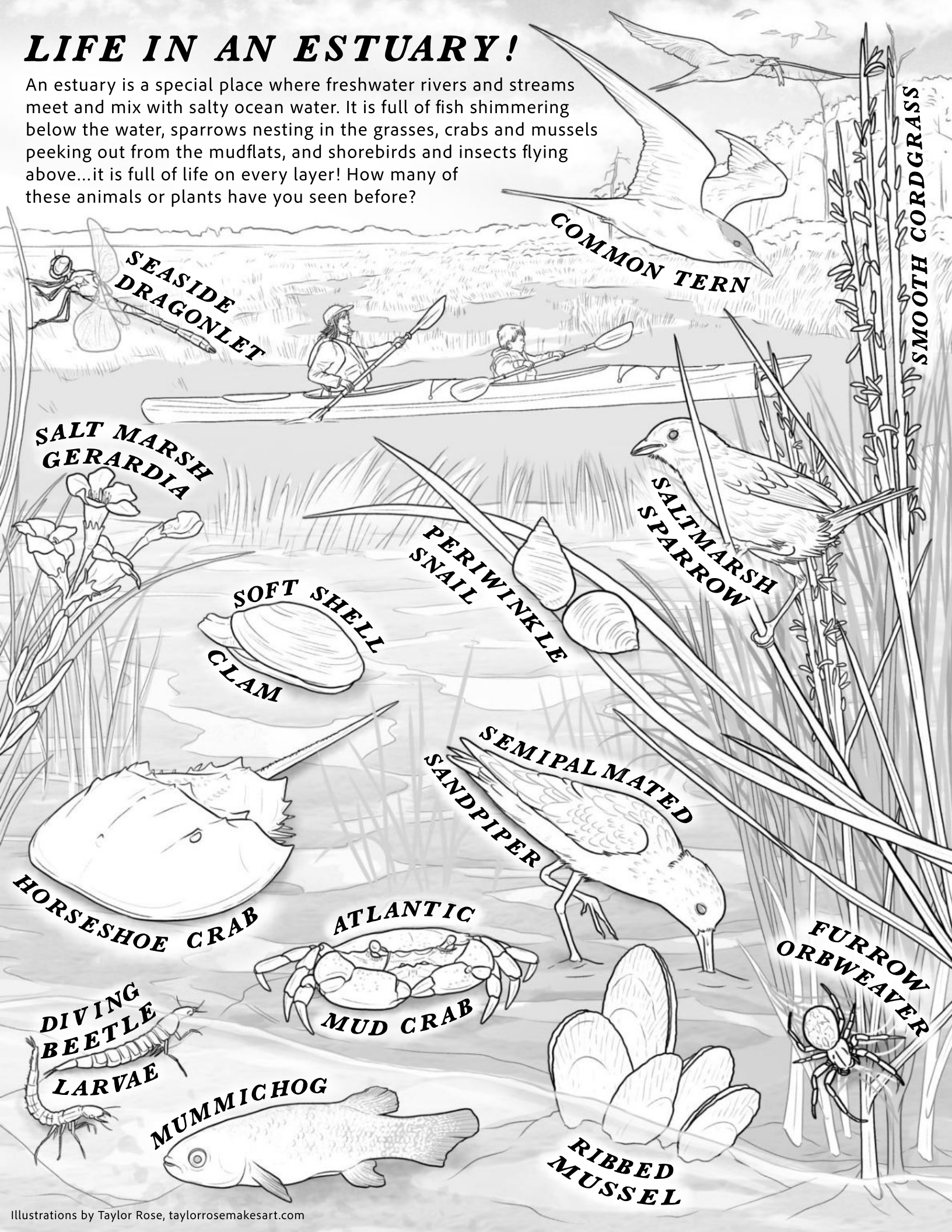


LIFE IN AN ESTUARY!

An estuary is a special place where freshwater rivers and streams meet and mix with salty ocean water. It is full of fish shimmering below the water, sparrows nesting in the grasses, crabs and mussels peeking out from the mudflats, and shorebirds and insects flying above...it is full of life on every layer! How many of these animals or plants have you seen before?



SEASIDE
DRAGONLET

COMMON TERN

SMOOTH CORDGRASS

SALT MARSH
GERARDIA

SALT MARSH
SPARROW

SOFT SHELL
CLAM

PERIWINKLE
SNAIL

SEMIPALMATED
SANDPIPER

FURROW
ORBWEAVER

HORSESHOE CRAB

ATLANTIC
MUD CRAB

DIVING
BEETLE
LARVAE

MUMMICHOG

RIBBED
MUSSEL



2026 NATIONAL ESTUARIES WEEK COLORING CONTEST

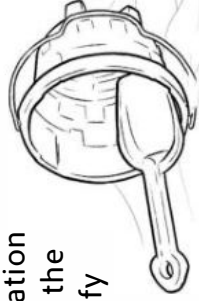
In celebration of National Estuaries Week, the Seabrook-Hamptons Estuary Alliance (SHEA) is offering a kid's coloring contest.

ELIGIBILITY

Children between the ages of 3 and 10 years old as of September 1, 2026, are eligible to enter.

SUBMISSIONS

Each child is allowed one submission. Entries must be submitted by 4:00 p.m. on Friday, September 25, 2026. You can drop off submissions at the Seabrook, Hampton, or Hampton Falls libraries, or email a photo/scanned version to info@shea4nh.org. Please ensure your submission includes the contact information from the entry form below. All submissions become the property of SHEA, and we reserve the right to identify the artists by their first initial, last name, and age.



PRIZES

The top two entries in each Age Division (Division 1: ages 3-5, Division 2: ages 6-10) will be featured in a slideshow on SHEA's webpage. Each winner will also receive passes to the Seacoast Science Center by mail.



QUESTIONS?

Contact us:
info@shea4nh.org

Scan here for
an extra copy:



ENTRY FORM:

Name:	Age:
Guardian Name:	
Address:	
Phone:	Email:

This coloring contest is made possible in part, by support from U . S. Fish & Wildlife Service, Seacoast Science Center and Piscataqua Region Estuaries Partnership.
Illustrations by Taylor Rose, taylorrosemakeart.com.

BONUS ACTIVITY: MAZE

This Piping Plover family loves to eat sandworms. Help them navigate the maze to get to their dinner!

